

## MENS SIZING



SIZE	CHEST SIZE (Actual Garment Size)		SHORTS WAIST SIZE (To Fit)	
XS	39"	Length 26"	30"	75 cm
S	42"	Length 27"	32"	80 cm
M	44"	Length 28"	34"	85 cm
L	46"	Length 28.5"	36"	90 cm
XL	49"	Length 29.5"	38"	95 cm
XXL	51"	Length 30.5"	40"	100 cm
3XL	53"	Length 31.5"	42"	105 cm
4XL	56"	Length 32.5"	44"	110 cm

## KIDS SIZING



SIZE	CHEST SIZE (Actual Garment Size)		SHORTS WAIST SIZE (To Fit)	
4	28"	Length 18.5"	20"	50 cm
6	30"	Length 20"	22"	55cm
8	32"	Length 21.5"	24"	60 cm
10	34"	Length 23"	26"	65 cm
12	37"	Length 24"	28"	70 cm
14	39"	Length 25.5"	30"	75 cm
16	42"	Length 27"	32"	80 cm

## LADIES SIZING

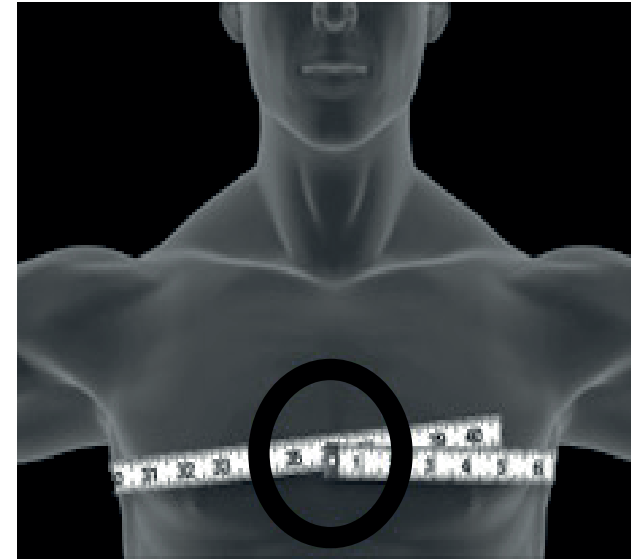


SIZE	CHEST SIZE (Actual Garment Size)	
6	32"	Length 23.5"
8	34"	Length 24.5"
10	36"	Length 25"
12	38"	Length 26"
14	40"	Length 26.5"
16	42"	Length 27.5"
18	44"	Length 28"
20	46"	Length 29"

### \*\*IMPORTANT INFORMATION\*\*

**PLEASE NOTE ALL SIZES LISTED ARE THE ACTUAL GARMENT SIZE, THESE SIZES MAY VARY UP TO 1 INCH IN TOLERANCE.**

**ALL LENGTH MEASUREMENTS ARE TAKEN FROM THE MIDDLE BACK OF THE COLLAR, DOWN TO THE BOTTOM HEM.**



### CHOOSING THE BEST SIZE

To measure your clothing size, please follow these simple instructions:

#### CHEST

Run a flexible tape measure all the way around your chest just below the armpit. Be sure to keep the tape measure horizontal for an exact measurement.

#### WAIST

Wrap the tape measure around the narrowest part of your waist. Be sure to keep the tape measure horizontal for an exact measurement.

### SIZING TIPS - MEN'S

If you want a **TIGHT FIT** garment then you should select the actual garment size that would be 2" bigger than your actual chest measurement.

If you want a **LOOSE FIT** garment then you should select the actual garment size that would be 4" bigger than your actual chest measurement.

\*For example If your chest measures 42" you would select a size Medium for a tight fit or a size Large for a looser fit from our sizing chart.

### SIZING TIPS - KIDS

All Kids garments should be worn around 4" bigger than the wearers chest measurement to achieve a comfortable fit.

### SIZING TIPS - WOMEN'S

All Ladies garments are shaped for a Ladies Fit, to give a comfy fit around the chest area, select the size that is 3" bigger than your actual chest size. Obviously Ladies fits will vary depending on the wearers preference.